

Building a brighter future, that works for you.

The **Work and Health Programme** is a government funded service designed to help you find a job that is right for you. The programme will help you manage your health and wellbeing, build your emotional strength and resilience, get you into employment and make you feel good again.

Who is it for?

The Work and Health Programme is for people with health conditions or a disability or for those unemployed for more than two years. Last year we supported thousands of people like Urfan, Rahmat and Chris on their journey into work.

How do I get more information?

Ask your Work Coach at the Jobcentre Plus to tell you more about the programme.

Or visit **www.shaw-trust.org.uk/whp**

Tel **0800 389 0211**

Email **support@shaw-trust.org.uk**

for more information or for alternative formats.





Welcome to the Work and Health Programme.

Delivered by Shaw Trust in partnership with

