



Department for Education



AN INTRODUCTION TO THE ALLOTMENT

COURSE SUMMARY:

If you enjoy being outside, keeping healthy and enjoy a challenge, then this course is for you! Over 8 weeks (2.5 hr sessions) you will learn and carry out some of the basic skills needed to create and maintain an allotment plot. No previous experience required but a willingness to participate in a range of outdoor activities.

ENTRY REQUIREMENTS:

- Aged 19 or over
- Able to meet at Normanston park each week (short walk to the Allotment)
- Safety boots/trainers & gardening gloves

WHAT WILL YOU DO ON THIS COURSE?

This is a very practical hands on course and you will be participating in several creative projects as well as familiarising yourself with safe use of tools and equipment and the health and safety aspects of working outdoors. Some of the areas you will be able to actively participate in, include:

- ✓ **General tasks/** maintenance; weeding, watering, planting.
- ✓ **Creating a** hard paved seating area.
- ✓ **Making** organic compost
- ✓ **Laying** bark paths
- ✓ **Creating** plant supports and containers from recycled materials
- ✓ **Digging** clearing and levelling a plot
- ✓ **Building** raised beds
- ✓ **Painting** fences/gate



AWARD:
Unaccredited

PROGRESSION FROM THIS COURSE:

On completion of the course you can progress onto the accredited - Gateway Level 1 Skills in Horticulture.



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THE GATEWAY TO LEARNING IN YOUR COMMUNITY