



# **BABY ACTIVITY STATION**

## **COURSE SUMMARY:**

This course is aimed at promoting understanding of how parents/carers can support the learning and development of their baby. This course takes 8 or 10 hours to complete (four or five sessions of two hours). This course is usually delivered over 5 weeks x 2 hours

#### **ENTRY REQUIREMENTS:**

- Aged 19 or over
- You can join this course if you are a parent, carer or grandparent of a child or children approximately 10 months to 2 years

### WHAT WILL YOU DO ON THIS COURSE?

- ✓ Learn about the development of babies and the early learning goals contained within the Early Years Foundation Strategy
- ✓ Understand how parents/carers can support a baby's learning and skills development through play
- ✓ Participate in sensory activities with your baby
- ✓ Discuss experiences with other parents
- ✓ Support for further developing relationships between parents/ carers, and their child



# PROGRESSION FROM THIS COURSE:

We provide a wide range of courses including vocational and employability qualifications to help further develop your skills and prepare you for work, computer courses, family learning and health and wellbeing programmes.

- Story Sacks
- Baby, Babble and Banter
- Community English or maths courses to gain a Functional Skills qualification





