



# Department for Education



## LEARNING IN FAMILIES

## BABY AND ME

### COURSE SUMMARY:

This course is aimed at promoting understanding of how parents/carers can support the learning and development of their baby. This course takes 8 or 10 hours to complete (four or five sessions of two hours). This course is usually delivered over 4 weeks x 2 hours or 5 weeks x 2 hours.

### ENTRY REQUIREMENTS:

- Aged 19 or over
- You can join this course if you are a parent, carer or grandparent of a child or children approximately 3 months to 1 year



**AWARD:**  
Unaccredited

### WHAT WILL YOU DO ON THIS COURSE?

- ✓ **Learn about** the development of babies and the early learning goals contained within the Early Years Foundation Strategy
- ✓ **Understand how** parents/carers can support a baby's learning through play
- ✓ **Make a unique** treasure basket for your child and know how it can support a baby's learning and development
- ✓ **Discuss** experiences with other parents
- ✓ **Engage in** activities to further develop relationships between parents/carers, and their child

### PROGRESSION FROM THIS COURSE:

We provide a wide range of courses including vocational and employability qualifications to help further develop your skills and prepare you for work, computer courses, family learning and health and wellbeing programmes.

- Baby Activity Station
- Baby, Babble and Banter
- Community English or maths courses to gain a Functional Skills qualification



**REALISE  
FUTURE-S**  
Enhancing people's lives

**THE GATEWAY TO LEARNING IN YOUR COMMUNITY**