



# SKILLS FOR COOKING & CATERING FOR ALL: LEVEL 2

### **COURSE SUMMARY:**

This course is designed for anyone who has completed the Skills in Hospitality: Level 1 and the Skills for Planning & Cooking Set Menus: Level 1; or has prior kitchen experience and is looking to build their skills for use in work and/or volunteering in the hospitality industry. Throughout the course you will create your own personal cookery book with a selection of recipes and meals that you have produced; full of images, ingredients, methods and a bit about you and the food you love.

### **ENTRY REQUIREMENTS:**

- Have good reading and writing skills and follow basic written instructions
- Happy to take part in a range of practical activities in the kitchen
- As you will be working with others it is important to keep safe and listen to verbal instructions

## WHAT WILL YOU DO ON THIS COURSE?

This course is fun and practical, and you will learn:

- ✓ Build and extend your existing kitchen skills
- ✓ **Increased** awareness of allergens and intolerances in food
- ✓ Prepare and cook vegetarian dishes
- ✓ Prepare and cook meat dishes
- ✓ Prepare and cook desserts
- ✓ Document recipes you have produced
- ✓ **Invite local** volunteers/public workers to a sit-down lunch
- ✓ Devise and cook a set menu for a large group
- ✓ Research learning, job and work experience opportunities in the local area

✓ You will create a portfolio of your achievements in the form of your personal cookery book



# PROGRESSION FROM THIS COURSE:

#### East Coast College

Kitchen Services Level 2 Professional Cookery Level 2 Hospitality Services Level 2

### West Suffolk College

Professional Cookery Level 2 Production Chef Level 2

### **Suffolk New College**

Hospitality Services Level 2





