

# Education & Skills Funding Agency



# SKILLS FOR COOKING & CATERING FOR ALL: LEVEL 2

# **COURSE SUMMARY:**

This course is designed for anyone who has completed the Skills in Hospitality: Level 1 and the Skills for Planning & Cooking Set Menus: Level 1; or has prior kitchen experience and is looking to build their skills for use in work and/or volunteering in the hospitality industry. Throughout the course you will create your own personal cookery book with a selection of recipes and meals that you have produced; full of images, ingredients, methods and a bit about you and the food you love.

#### **ENTRY REQUIREMENTS:**

- Have good reading and writing skills and follow basic written instructions
- Happy to take part in a range of practical activities in the kitchen
- As you will be working with others it is important to keep safe and listen to verbal instructions

### WHAT WILL YOU DO ON THIS COURSE?

#### This course is fun and practical, and you will learn:

- ✓ Build and extend your existing kitchen skills
- ✓ Increased awareness of allergens and intolerances in food
- Prepare and cook vegetarian dishes
- Prepare and cook meat dishes
- Prepare and cook desserts
- ✓ Document recipes you have produced
- ✓ Invite local volunteers/public workers to a sit-down lunch
- Devise and cook a set menu for a large group
- Research learning, job and work experience opportunities in the local area
  - You will create a portfolio of your achievements in the form of your personal cookery book





# THE GATEWAY TO LEARNING IN YOUR COMMUNITY



AWARD: Accredited by Realise Futures at Level 2

#### PROGRESSION FROM THIS COURSE:

#### East Coast College

Kitchen Services Level 2 Professional Cookery Level 2 Hospitality Services Level 2

# West Suffolk College

Professional Cookery Level 2 Production Chef Level 2

<u>Suffolk New College</u> Hospitality Services Level 2