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| **Labour Market Information & Wellbeing Events**  **May 2025** |

**Lowestoft Vacancies**

**Domestic Assistant - NHS Property Services**, Kirkley Mill Health Centre, £12.36 P/H, Mon, Wed, Fri, 6pm – 8pm. Training provided. **Full details and apply via Indeed**

**CLEANER - East Anglia Cleaning Services Ltd**, Pakefield, £12.21 P/H, Mon- Sun, 7am -9am daily. General cleaning to include toilets, emptying bins, floors etcetera. Full explanation given pre-hiring. Would suit a couple or can be completed by a solo worker. **Full details and apply via Find a Job**

**Cleaner - Kindred FM**, Lowestoft, Mon- Fri, 4pm–6:30pm, £12 P/H, 39 weeks P/Y + 4 weeks deep cleaning. DBS required. Previous cleaning experience preferred but not essential. Full training provided. **Full details and apply via Indeed**

**Kitchen Porter - Corton Coastal Village**, Lowestoft, NMW, full time. Assisting in basic food preparation, washing up, cleaning, and clearing all kitchen areas. Unloading and putting away deliveries **Full details and apply via Warner Hotel website**

**Catering Assistant - People Dynamix**, Lowestoft, Mon – Fri, 9:30am – 1:30pm, £12.75 P/H. Food Hygiene Level 2 certificate.Enhanced DBS check (issued within the last 12 months). Previous experience in a school or commercial kitchen environment is desirable. **Full details and apply via Indeed**

**Catering Assistant - Easycare supplies Uk Limited**, Lowestoft, £12.21 - £15.00 P/H, full time. Proven experience in a similar role. Strong leadership skills with the ability to manage and motivate a team. Excellent organisational and time-management skills. Food Hygiene Level 2 required. Level 2 required and DBS valid with 12 months. **Full details and apply via Find a Job**

**Food Service Assistant - Opus People Solutions**, Riverside Cafe East4 Canning Road, £12.21 P/H, 8am - 2pm, Mon – Fri. Great customer service and communication skills, A Team player providing an excellent service across the Vertas Group. **Full details and apply via Indeed**

**Barista – Starbucks**, Belvedere Road, £8.00-£12.21 P/H, part time or full time. No experience required. **Full details and apply via Indeed**

**Front of House – Harvester**, Lowestoft, part time. **Full details and apply via Indeed**

**Restaurant Team Member - Potters Resorts,** Hopton-On-Sea, must be 18+, 40 hours P/W, 5 days out of 7 (predominantly Mon- Fri). Breakfast 8am - 10.30am, Lunch 12pm - 2.30pm and Dinner 6pm - 9.30pm. **Full details and apply via Indeed**

**Restaurant Crew Member - Burger King**, Lowestoft, full time, NMW. Experience not essential, full training available. **Full details and apply via Indeed**

**Grounds Maintenance Apprentice - East Suffolk Services Limited**, Lowestoft, 37 hours P/W, Year 1 - £8.47 per hour; Year 2+ – £11.44 per hour. Requires 4 GCSEs including Maths and English 9-3/A-E or Functional Skills Level 1. Fully funded and supported Horticultural Operative training (level 2) apprenticeship qualification. **Full details and apply via Suffolk Jobs Direct**

**Driver/Labourer - elite verandahs ltd**, Hopton, £12.21 - £13.50 P/H, Valid driving licence with clean driving record; experience in commercial driving is preferred minimum of 12 months driving. Mechanical knowledge to perform basic vehicle maintenance and troubleshooting. Previous experience as a delivery driver or van driver is advantageous. Assist in the yard as needed, including organisation of goods heavy lifting. **Full details and apply via Indeed**

**Multi-Drop Van Driver - Baxter Personnel Limited**, Lowestoft, £12.21 P/H. Previous multi-drop experience. A valid driving licence with no more than 6 points. Flexibility with start and finish times. Lifting deliveries up to 6kg in weight. **Full details and apply via Indeed**

**Civil Enforcement Officer - East Suffolk Services Limited**, Lowestoft, 37 hours P/W (11 hour shift pattern, covering 4 days on, 4 off, rolling rota), £27711 - £30060 P/Y. Full driving licence essential. Experience working front-line service environment, providing excellent customer service. You will be proficient with smart technologies and software, with the ability to learn new systems. **Full details and apply via Suffolk Jobs Direct**

**Owner Service Specialist – Awaze**, Lowestoft, 35 hours P/W. Excellent communicator who is happy to speak to the customer through any medium whether it’s the phone, live chat, email, video call or face to face. **Full details and apply via Awaze website**

**Administrator - Suffolk County Council**, Lowestoft, 37 hours P/W, £24404 P/Y. Able to use Excel, Word and Outlook to a high standard. Deal with sensitive issues on a daily basis and respect confidentiality. Excellent communication skills. Deal with conflicting demands in an extremely busy environment. **Full details and apply via Suffolk Jobs Direct**

**Customer Care Associate – Altro**, Lowestoft, full time. GCSEs (grade C or above in English & Maths), UK internal account management experience, and be proficient with Microsoft programs and CRM systems. Excellent communication skills, a customer-focused mindset, and the ability to multitask are essential. **Full details and apply via Find a Job**

**Account Co-ordinator – GI Group**, Lowestoft, £12.50 P/H, 40 hours P/W. Experience within recruitment, payroll and general administration. **Full details and apply via GI Group**

**Telesales Team Member - Lacons Brewery**, Lowestoft, £12.21 P/H, Mon-Thur, 30 hours P/W. Educated to GCSE level or equivalent, or relevant experience. **Full details and apply via Indeed**

**Independence and Wellbeing Practitioner - Suffolk County Council**, Lowestoft, 37 hours P/W, £27711 P/Y. Excellent communication skills. Enthusiasm to contribute to the team systems for responding to urgent work. Resilience under pressure and the ability to remain positive when challenged. **Full details and apply via Suffolk Jobs Direct**

**Support Worker (Learning Disability Services) – The Laurels Learning Disability Care Home**, Lowestoft, £12.60 P/H, nights or day (choose from separate job listings), Full and Part-time Positions Available. Previous experience as a carer is preferred, not essential. Full UK Driving Licence is preferred, not essential. **Full details and apply via Kingsley Healthcare website**

**Production Operative – 2 Sisters Food Group**, Flixton, £12.59 P/H. Free bus transport available. Previous experience in a factory or warehouse environment useful, but not essential as full training will be provided. **Speak to work coach for full details and to apply**

**Food production operative – GI Group,** Lowestoft, starting rate £12.21 P/H, approx. 20 roles available. Mix of the following shifts, 06:00 - 14:00, 14:00 - 22:00, 22:00 - 06:00, hours will vary but can expect between 30 - 40 on average, some weeks may exceed this. Primarily packing and quality checking the products. **Full details and apply via GI Group**

**Warehouse Operative - Spider Web Recruitment**, Lowestoft, 5 days P/W, 7:30am to 5pm. experienced Warehouse Operative, fast-paced environment. Strong organisation skills, keen eye for detail, proficiency in using IT system, current forklift ticket with experience and knowledge of Health and Safety practises in a warehousing setting. **Full details and apply via Find a Job**

**Ipswich Vacancies**

**The Range Distribution Centre – Stowmarket**

The Range are proud to have opened our brand-new Distribution Centre in Stowmarket.

We are seeking Permanent Warehouse Operatives to join our team and be part of our future. 40 hours per week.

As part of The Ranges warehouse team, you will have a busy and active role that will involve sorting, picking, packing, and dispatching products to stores.

Transport to and from the Centre is available

**Catering Assistant - Sohlremit Limited**

Are you seeking a role in Hospitality? Do you have good customer service skills, flexibility and communication skills? Vertas Group are seeking a Catering Assistant on a temporary basis to work in the Ipswich area on a part-time basis. Work location, hours and shift times to be discussed after initial application – if you wish to apply please speak to your work coach

**Resolution and Tribunal Officer - Sohlremit Limited**

Suffolk County Council are seeking a Resolution and Tribunal Officer here in Ipswich. The position requires a proactive approach to managing caseloads, meeting deadlines, and maintaining high standards of service delivery. The Resolution and Tribunal Officer at Suffolk Council is responsible for managing and resolving disputes, complaints, and cases related to local government services. If you have experience and an interest to work in this field, please ask your work coach

**Gate Installer - Countryside Gate and Fencing**

Countryside Gates and Fencing are seeking a Gate Installer/Fencer to work in the Woodbridge area. They supply and install a wide range of Gates, Garage Doors and fencing usually to private customers. Most of their work is with Hardwoods of various types so experience with high quality materials will be necessary and a high level of finishing is expected. If you're experienced in this field of work and wish to apply please speak to your work coach.

**Apprentice Water Recycling Maintenance Technician – Anglian Water**

Are you seeking an Technician Apprenticeship at Anglian Water? They're currently seeking a Water Recycling Maintenance Technician Apprentice to work in the Leiston area. Starting salary of £18000 increasing to £23500. Your time will be split between classroom learning at Grantham college for 2 weeks at a time and then on-the-job learning. The course takes 4 years to complete and all travel expenses to and from the college are paid for. For further details and speak to your work coach

**Commercial Cleaner - Chigwell Window Centre**

Chigwell Window Centre are interviewing for Commercial Cleaner! Roles are based in Manningtree and are full time requiring you to clean kitchens, offices, bathrooms, showrooms, receptions and factories for 30 hours week. If you would like to apply, please speak to your work coach today.

**Sandwich Van Driver - Galloping Chef Company**

The Galloping Chef Company are looking for a Sandwich Van Driver and Catering Assistant. Hours are minimum of 16 per week Wednesdays and Thursdays. Working as a team and interest in food is important. Cash handling and a full manual driving licence is required. There is an amount of manual lifting & physical work with this role. Please speak with your work coach to apply.

**General Assistant - Zero Hours Contract – Clearscore**

Clearscore are looking for a General Assistant. The successful applicants will play a vital role in the printing and manufacture of products for a major customer. Your tasks will vary depending on the needs of the business but may include: Assisting with the printing and conversion of large format print. Moving and lifting equipment or materials. Zero hours contract. Flexible hours. Need to be physically fit for the role. For more information, please speak to your work coach.

**Employment Advice Worker (Ukraine Programme) - Suffolk Refugee Support**

Suffolk Refugee Support are seeking an Employment Advice Worker to support their Ukraine Programme. You'll be 1-to-1 employment support, assessing client needs and devising and working towards personal development plans to improve employability. Experience of working in the community supporting people with differing needs and personal circumstances in essential. Speak to your work coach for further details.



**Ipswich Jobs Fair @ University of Suffolk Tuesday 13th May – 10am-1pm**

Ipswich Jobs and Careers Fair in partnership with JobCentre Plus and University of Suffolk are holding a jobs fair on Tuesday 13th May. Hundreds of jobs available on the day with over 40 exhibitors. A large number of local and national employers will be exhibiting. A wide range of career and training opportunities will also be available. To book your place please contact your Work Coach.

**Bury St Edmunds Vacancies**

[241 jobs in Bury St. Edmunds | Page 1 | Find a job](https://findajob.dwp.gov.uk/search?q=&loc=81826)

**Children's Residential Support Worker (Relief)**

Relief Support Worker Salary: £12.25 - £12.45 per hour, depending on qualifications (regular sleep in duties required, paid at an additional £64.95 per night) Hours: As and when required (evenings and weekend) Location: Bury St Edmunds.

**Employment Adviser**

Seetec - Bury St. Edmunds, Suffolk

£26,500 to £29,545 per year

Are you looking for a rewarding role that will allow you to utilise your current skills to influence, support and encourages others to build a future? Are you looking for an opportunity to make a difference to people’s lives?

**Support Worker**

The Rowan Organisation - Red Lodge, Bury St. Edmunds

£12.21 per hour

Support Worker Responsible to: Directly accountable to and taking direction from the employer (Mum) Hours: 6 hours per week (school holidays only).

**Team Leader Care**

Care UK Plc - Bury St Edmunds, Suffolk, IP32 7BN

£14.20 to £15.00 per hour

Are you a passionate and caring individual looking for a rewarding career with excellent training and opportunities for development? Join Care UK, a multi award winning care provider as a Care Team Leader.

**Waking Nights Support Worker**

Radis Community Care - IP33 3PB

£13.3 to £14.3 per hour

Radis Community Care are looking for a Full Time Waking Night Support worker to join our team at Cullum Road, IP33 3PB. You will need to be available for 3-4 nights per week including alternative weekends (Saturday and Sunday).

**Accounts Administrator**

i4 Recruitment - IP30 9UP

£26,000 to £29,000 per year

Accounts Administrator Job Type: Full Time, Permanent Location: Woolpit, Bury St Edmunds Working Hours: 37 Hours Per Week, Monday – Friday • A friendly working environment • Sage benefits.

**Scheduling Administrator**

Horizon Search & Selection Ltd - Walsham-Le-Willows, Bury St. Edmunds

£24,100 per year

We are seeking an organised, confident person with good customer service skills to join our client in Walsham Le Willows as a Scheduling Administrator, working within their Customer Services department. This role is offered on a full-time, permanent basis.

**Warehouse Operative**

Oak Employment Ltd - Mildenhall, Bury St. Edmunds

£12.21 to £13.35 per hour

Our National Client in Mildenhall, Suffolk is recruiting full time Warehouse / Production Operatives. No experience needed as full training will be provided, you will be trained in different areas of the production facility.

**Cleaner**

Suffolk Maids - Mildenhall, Bury St. Edmunds

£12.71 per hour

Are you a passionate and skilled cleaner looking for a steady stream of work with flexibility that suits your lifestyle? Look no further Our reputable cleaning service is thrilled to offer you an opportunity to join our register and secure regular, well-paying...

**Counterbalance Forklift Operative**

Abbey View Produce (KB100 Ltd) - Ingham, Bury St. Edmunds

£12.52 to £14.50 per hour

Abbey View have been supplying quality fresh salads to the UK market for more than 50 years. Working closely with an established network of growers both at home and abroad, we are able to deliver quality products to major retailers and catering companies.



[Timetable Recovery College | Norfolk and Suffolk NHS](https://www.nsft.nhs.uk/timetable)

The NSFT Recovery College provides free educational workshops and courses for anyone over the age of 16 in Norfolk and Suffolk. Courses are designed to support people to invest in their own wellbeing, find empowerment on their mental health journey and become experts in their own recovery.

All the courses cover a variety of topics and follow a personal recovery approach which encourages:

* Self-knowledge and acceptance • An understanding of the principles of recovery
* Learning and applying new skills and strategies • Leading a meaningful life with or without symptoms

The aim is to empower people to take control of their own lives and become experts in their own recovery - people choose their own courses to attend.

Recovery College is a safe space to learn among other people who have experienced mental health challenges, supporters and members of staff.

The Recovery College is not a replacement for clinical support, it works alongside it, as you choose your own courses and work at a pace that suits you.

**The courses have been categorised to help guide students:**

• **Begin**– to understand yourself

• **Build**– a toolkit of self-help skills

• **Understand**– aspects of the challenges you may be facing

• **Grow**– a plan for your future

All the courses are centred on the principles of **CHIME**- Connection, Hope, Identity, Meaning and Empowerment.



[Get Everyday Activ in Suffolk | Motivating, supporting and inspiring healthier lifestyles](https://activlives.org.uk/)

**ActivHubs**

ActivHubs was set up to provide a fun and social way for people to keep fit and healthy, improve strength, balance and  
co-ordination, reduce stress and while doing all of that, make some new friends in the process!

**ActivGardens**

**ActivGardens** are all about growing! Growing plants. Growing fresh healthy food. Growing yourself… your fitness, your health, your skills, your friends, your community. Get active with ActivGardens in Ipswich and Sudbury!

**ActivSport**

A community based sports and physical activity programme for adults. Particularly targeted at people who are not already taking part in regular sport or physical activity. New participants are always welcome!

**ActivSingers**

ActivSingers meet in Ipswich and Woodbridge every couple of weeks to enjoy all of the benefits from the joy of singing. Everyone is welcome to join in with no previous experience of singing required.



[Be Well Bus timetable announced for Ipswich and east Suffolk - NHS Suffolk and North East Essex ICB](https://suffolkandnortheastessex.icb.nhs.uk/news/be-well-bus-timetable/)

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| Felixstowe 10am to 2.30pm | For 15/01/25 – Outside Prezzo, 131-133 Hamilton Road,  Felixstowe, IP11 7BN | 14/05/2025 Wed – Maternity and Women’s Health 16/07/2025 Wed |
| Woodbridge 10am to 2.30pm | 2 Cumberland Street, Woodbridge, IP12 4AB | 15/05/2025 Thu 17/07/2025 Thu |
| Debenham 10am to 2.30pm | Along the High Steet, Debenham, IP14 6QN | 20/05/2025 Tues 22/07/2025 Tues |
| Saxmundham 10am to 2.30pm | Tesco Car Park, 1 Church St, Saxmundham, IP17 1EP | 22/05/2025 Thu |
| Leiston 10am to 2.30pm | East of England Co-Op Car Park, Sizewell Road, Leiston, IP16 4AE | 27/05/2025 Tue 29/07/2025 Tue |
| Ipswich Town Football Club (ITFC) – 12pm to 3pm | ITFC Fanzone, Portman Road, Ipswich, IP1 2DA | 10/05/2025 Sat 25/05/2025 Sunday (1pm to 4pm) |
| Hadleigh 10am to 2.30pm | At the rear of Coop, Magdalen Road, Hadleigh, Suffolk, IP7 5EF | 04/06/2025 Wed – Maternity and Women’s Health |
| Wickham Market 10am to 2.30pm | 60 High St, Wickham Market, IP13 0QU | 12/06/2025 Thu |
| Framlingham 10am to 2.30pm | 11 Market Hill, Framlingham, IP13 9AN | 22/04/2025 Tue 17/06/2025 Tue |
| Stowmarket 10am to 2.30pm | 7 Market Place, Stowmarket, IP14 1DY | 06/05/2025 Tue 08/07/2025 Tue |
| Needham Market 10am to 2.30pm | Address TBC due to various locations | 07/05/2025 Wed 09/07/2025 Wed |
| Ipswich, Suffolk Show (currently not available for service booking) | Trinity Park, Felixstowe Road, Ipswich, IP3 8UH | 28/05/2025 Wed 29/05/2025 Thu |
| Ipswich, Bucklesham Coffee Morning 9.30am to 12.30pm | Bucklesham and Foxhall Village Hall 12 Levington Lane Bucklesham, Ipswich, IP10 0DZ | 14/06/2025 Sat |
| Henham Park, Suffolk – Latitude Festival (currently not available for service booking) | A145, Henham Park, Beccles, NR34 8AW Suffolk | 24/07/2025 Thu 25/07/2025 Fri 26/07/2025 Sat 27/07/2025 Sun |
| Aldeburgh Carnival | Aldeburgh, Suffolk | 16/08/2025 Sat 17/08/2025 Sun 18/08/2025 Mon |

For further information about the Be Well Bus please contact : [bewell.bus@snee.nhs.uk](mailto:bewell.bus@snee.nhs.uk%20)or 07971 594 817



[Community Events - Wellbeing Suffolk](https://www.wellbeingnands.co.uk/suffolk/community-events/)

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| Wednesdays with Wellbeing  Rose House, Street Farm Road, IP17 1AL |  | Come along to our Wednesdays with Wellbeing, Five Ways Fair at Rose House, where you can find out how to live life well in an afternoon of connection, learning, fun and chat. | Next date: 07th May 2025 - 1:00 pm to 3:00 pm |
| Wellbeing Friends with Suffolk Libraries | Sudbury Library, Market Hill, Sudbury CO10 2EN | Come and join us at Sudbury Library to become a Wellbeing Friend and learn all about the support on offer at Suffolk Libraries for your Health and Wellbeing | Next date: 15th May 2025 - 1:00 pm to 2:00 pm |
| Wellbeing Friends Online Session | Online - MS Teams | If you are passionate about mental health come and join us to find out more about our service and become a Wellbeing Friend! | Next date: 20th May 2025 - 6:00 pm to 7:00 pm |
|  | Online - MS Teams |  | Next date: 03rd June 2025 - 10:00 am to 11:00 am |
|  | Online - MS Teams |  | Next date: 17th June 2025 - 6:00 pm to 7:00 pm |
|  | Online - MS Teams |  | Next date: 01st July 2025 - 10:00 am to 11:00 am |
|  | Online - MS Teams |  | Next date: 15th July 2025 - 6:00 pm to 7:00 pm |
|  | Online - MS Teams |  | Next date: 05th August 2025 - 10:00 am to 11:00 am |
|  | Online - MS Teams |  | Next date: 19th August 2025 - 6:00 pm to 7:00 pm |
|  | Online - MS Teams |  | Next date: 02nd September 2025 - 10:00 am to 11:00 am |
|  | Online - MS Teams |  | Next date: 16th September 2025 - 6:00 pm to 7:00 pm |
|  | Online - MS Teams |  | Next date: 07th October 2025 - 10:00 am to 11:00 am |
| Wednesdays with Wellbeing | The Centre, St John's Street, Bury St Edmunds, IP33 1SN | Come along to our Wednesdays with Wellbeing, Five Ways Fair in Bury St Edmunds, where you can find out how to live life well in an afternoon of connection, learning, fun and chat. | Next date: 23rd July 2025 - 12:30 pm to 2:30 pm |
| Wednesdays with Wellbeing | Haverhill Leisure Centre, Ehringshausen Way, CB9 0ER | Come along to our Wednesdays with Wellbeing, Five Ways Fair in Haverhill where you can find out how to live life well in an afternoon of connection, learning, fun and chat. | Next date: 08th October 2025 - 1:00 pm to 3:00 pm |