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| **Labour Market Information & Wellbeing Events**  **June 2025** |

**Lowestoft Vacancies**

**Administrator - Turning Point**, Lowestoft, Mon & Tue 9am – 5pm, Wed 9am – 12.30pm. Previous administrative experience is strongly desirable. **Full details and apply via Indeed**

**Administrator - Suffolk County Council**, Lowestoft, £24,404 P/Y (pro rata), 30 hours P/W. Very flexible approach to changing responsibilities and an evolving role/Service. **Full details and apply via Suffolk Jobs Direct**

**Independence and Wellbeing Practitioner - Suffolk County Council**, Lowestoft, 18.5 hours P/W, £27,771 P/Y pro rata. Approachable, good communicator, resilient, committed to learning. **Full details and apply via Suffolk Jobs Direct**

**Receptionist Team Member - Gunton Hall Coastal Village**, Lowestoft, full time, NMW. No experience necessary. **Full details and apply via company website**

**Barista/FOH - The Old Dairy**, Lowestoft, up to £12.75 P/H, no less than 40 hours P/W. Experienced working within Hospitality. **Full details and apply via Indeed**

**Cafe Team Member – Tesco, Lowestoft, min. 16 hours P/W (unless min. 12 P/W is preferred by applicant), must be 18+.** Excellent customer service. Knowledge of Health and Safety standards. Ability to work efficiently. **Full details and apply via company website**

**Food and Beverage Team Member - Gunton Hall Coastal Village**, Lowestoft, NMW, part time. **Full details and apply via company website**

**Front of House Food & Beverage Team Leader - Coach House Suffolk**, Lowestoft, £10.00-£12.21 P/H, full/ part time, must be 18+. Experience preferred (not essential), full training will be given. **Full details and apply via Indeed**

**Kitchen Porter – Hotel Victoria**, Lowestoft, 25-30 hours P/W, £12.21 P/H. Previous experience in a kitchen environment within a hotel, restaurant, or similar setting. Ability to work efficiently in a fast-paced environment. **Full details and apply via Indeed**

**Kitchen Porter - Gunton Hall Coastal Village**, Lowestoft, NMW, part time. Assisting in basic food preparation, washing up, cleaning, and clearing all kitchen areas. Unloading and putting away deliveries. **Full details and apply via Warner Hotel website**

**Midday Supervisory Assistants - Warren School**, Lowestoft, £12.21 P/H, Mon – Fri, 11.45am – 1.15pm. Basic level literacy and numeracy. First aid (desirable). **Full details and apply via Suffolk Jobs Direct**

**Maintenance Assistant - John Grose**, Lowestoft, £12.21 P/H, part time. Right attitude and a determination to get the job done are more important to us than previous experience. **Full details and apply via Indeed**

**Maintenance Operative - Park Holidays UK**, Lowestoft, £12.21 P/H, 40 hours P/W. Carry out general maintenance and repairs across the holiday park, including plumbing, carpentry, and electrical work. **Full details and apply via Indeed**

**Gardener - Kingsley Healthcare HQ**, Lowestoft, £12.60 P/H. Gardener experience, knowledge of state health and safety regulations for landscaping, ability to lift heavy objects. Own transport required. **Full details and apply via Kingsley Healthcare website**

**Grounds Person - Park Holidays**, Lowestoft, £12.21 P/H, full time. A passion for fixing things and solving problems. Strong practical skills in areas such as plumbing, carpentry, electrical work, and gardening. **Full details and apply via Indeed**

**Domestic Assistant - Lilac Lodge & Lavender Cottage**, Lowestoft, £12.60. Good communication skills – confident to talk to residents/ colleagues. Good attention to detail. **Full details and apply via Kingsley Healthcare website**

**Housekeeping Team Member - Gunton Hall Coastal Village**, Lowestoft, NMW, part time. **Full details and apply via company website**

**Cleaner - ISS Facility Services**, Lowestoft, £12.21 P/H, 2pm – 5pm, Mon – Fri. Good eye for detail and clean to an exceptional standard. **Full details and apply via Indeed**

**Office Cleaner - Sea light shine**, Lowestoft, £12.75 - £13.25 P/H, 3:30pm - 7:30 pm, Mon – Fri. Previous experience in cleaning preferred. **Full details and apply via Indeed**

**Sales Cleaner - Park Holidays UK**, Lowestoft, £12.21 P/H, 35 hours P/W. Previous experience is preferred but not essential. Driving Licence required. **Full details and apply via Indeed**

**Cleaner / Housekeeper – Haven**, Hopton on Sea, Mon & Fri, £13.21 P/H. Previous cleaning experience is valued but not essential; we provide training. **Full details and apply via Indeed**

**Housekeeping room attendant - Coach House Suffolk**, Lowestoft, £12.21 P/H. Flexibility to cover a variety of shifts per week inc. bank holidays/ weekends. Usually 7.30/ 8am - 2/ 2.30pm. Organised, friendly, committed to looking after our guests. **Full details and apply via Indeed**

**Packer – Hales Group**, Lowestoft, 6:30 - 4pm, Mon – Fri, NLW/ NMW. Good hand to eye coordination and attention to detail, good practical skills for using plant/ tools/ equipment (where training has been carried out). **Full details and apply via Hales Group website**

**Finishing Operative – Hales Group**, Lowestoft, 39.5 hours P/W, NLW/NMW. Ability to read basic engineering drawings. High concentration for degreasing and powder coating tasks, following safety regulations. Practical skills for using plant, tools, and equipment. Capable of repetitive tasks. **Full details and apply via Hales Group website**

**Royal Mail Delivery Driver - Angard Staffing**, Lowestoft, £13.37 - £16.11 P/H. Full, manual driving licence, no more than 6 points. Walk 20,000 steps a day, carry a bag weighing up to 16kg. Shifts can vary, team player who can adapt at short notice. **Full details and apply via Indeed**

**Service Assistant - British Red Cross**, Lowestoft, £12 hour P/W, £7,862.40 P/Y. Experience in customer service and working with minimal supervision. Possessing a UK Drivers Licence would be advantageous. **Full details and apply via Indeed**

**Support Worker - Learning Disability Services** (at either Cypress House Learning Disability Home or The Laurels Learning Disability Care Home), £12.60 P/H + £500 welcome bonus, full & part time available, days. Caring & patient nature, excellent communication skills, ability to work well under pressure. Previous caring experience preferred, not essential. Full UK Driving Licence is preferred, not essential. **Full details and apply via Kingsley Healthcare website**

**Base Op - Control Union**, Lowestoft, ad hoc. Responsible for monitoring/ controlling access to facilities, ensure safe and secure environment. **Full details and apply via Indeed**

**Ipswich Vacancies**

**The Range Distribution Centre – Stowmarket**

The Range are proud to have opened our brand-new Distribution Centre in Stowmarket.

We are seeking Permanent Warehouse Operatives to join our team and be part of our future. 40 hours per week.

As part of The Ranges warehouse team, you will have a busy and active role that will involve sorting, picking, packing, and dispatching products to stores.

Transport to and from the Centre is available

**Bolton Bros – Class 1 Drivers**

Bolton Bros are interviewing for Class 1 Drivers. The work would be based in the Ipswich and Woodbridge area consisting of 8hr shifts (Mon-Sat). If you would like to apply – please let your work coach know!

**Summerfield Work – General Countryside Worker**

Summerfield Work are interviewing for Countryside workers in the Ipswich, Woodbridge and Needham areas for work including field walking, sheeting, seed processing and tractor driving. If you wish to apply please speak to your work coach.

**Premier Education – Wrap Around Care Playworker**

Premier Education are looking for a Wrap Around Care Playworker. If you have experience working with children aged 4-11 and have a warm, responsible attitude Premier Education would like to hear from you. For more information please contact your Work Coach.

**Bolton Bros – Forklift Driver**

Bolton Bros are interviewing Fork Lift Drivers! Roles are based in Great Blakenham. Working 10 hours shifts from Monday - Friday 0700 – 1700. FLT licence is required. If you would like to apply please speak to your work coach today.

**Done With Dirt – Cleaning Operative**

Done with Dirt are seeking a Cleaning Operative to work on a zero hour contract in the Ipswich area. Applicants must have a valid driving licence and access to your own vehicle. If you're interested in the role and wish to apply please ask your work coach today.

**Rapid Personnel - Production Operative**

Rapid Personnel are looking for a Production Operative for Ichiban. A bus will be put on for successful applicants to get into and home from work – on two shifts – Day and Night.

For more information, please speak to your work coach.

**Shepard Engineering**

Shepard Engineering are looking for a Mechanical fitter, all work is based in the clean/waterwaste sector. Coverage is East Anglia but mainly Wickham Market.

If you would like to apply, please speak to your work coach today.

**Sunflower Montessori Nursery School**

Sunflower Montessori Nursey School are seeking a Early Years Practitioner to work full time and term time (Mon-Fri). Based in Aldeburgh candidates will ideally need their own transport unless they live locally. Candidates will need a level 3 in childcare qualification (minimum). If you meet the criteria for the role and wish to apply please ask your work coach.

A screen shot of a poster

AI-generated content may be incorrect.

**05/06/25 - Volunteering Fair**

Come and join us at the DWP/University of Suffolk Volunteering Fair on Thursday 5th June 11am – 1pm at the University of Suffolk. Discover local volunteering opportunities that can provide the following;

Build experience, skills, wellbeing and confidence.

It looks great on a CV, and could provide an up to date reference.

It is rewarding and is also a brilliant way to make a real difference to your community, meet new people and reduce isolation.

Contact your work coach today to book into the fair.

**Ipswich Jobs Fair**

**The Ipswich Jobs Fair is on Wednesday 18th June 2025 at Portman Road Stadium, 10am to 1pm.**

[**Ipswich Jobs Fair Tickets, Wed 18 Jun 2025 at 10:00 | Eventbrite**](https://www.eventbrite.co.uk/e/ipswich-jobs-fair-tickets-972098622147?aff=ebdssbdestsearch&_gl=1*1f14vww*_up*MQ..*_ga*MTk0ODkzMjc2My4xNzQ4MDAyMDky*_ga_TQVES5V6SH*czE3NDgwMDIwOTIkbzEkZzAkdDE3NDgwMDIwOTIkajAkbDAkaDAkZHJmT2NaTTdxbmYxdXIxVnBhUFo3OS1tOGg2QjhMdGpoMUE.)

**Bury St Edmunds Vacancies**

**Forklift Driver Counterbalance**

Workchain - IP30 9HN

£13 to £13.5 per hour

Are you an experienced Forklift Driver with a Counterbalance license? Workchain is currently recruiting for a temporary Forklift Driver Counterbalance position in Bury St. Edmunds within the Industrial industry.

**Teaching Assistant**

Senploy - Bury St Edmunds, Suffolk

Teaching Assistant - Bury St Edmunds ASAP Location: Bury St Edmunds Contract: Full-time / Part-time available Are you passionate about supporting young people within their education? Do you have the skills to inspire, guide, and assist students in reaching their goals.

**CT Imaging Assistant**

NHS Jobs - Newmarket, CB8 7JG

£24,625.00 to £25,674.00 per year

Please see job description attached to view main duties of role. Many of our staff have worked at the West Suffolk for a number of years creating a real sense of community. We are at an extremely exciting phase in our development with the new CDC underway.

**Accounts Administrator**

i4 Recruitment - IP30 9UP

£26,000 to £29,000 per year

Accounts Administrator Job Type: Full Time, Permanent Location: Woolpit, Bury St Edmunds Working Hours: 37 Hours Per Week, Monday – Friday Salary: £26000 - £29000 to start. Per annum DOE Benefits: • A friendly working environment • Sage benefits.

**Care Assistant**

MHA - Bury St Edmunds, Suffolk, IP33 1YA

£14.48 to £14.49 per hour

Care Assistant (Relief) based at The Martins, Bury St Edmunds Available Hours: Permanent -Relief Salary £14.49 per hour Please note we are only accepting candidates currently living within a 45-minute commute of the Care Home Are you passionate about helping people?

**Personal Assistant/Companion**

Suffolk Independent Living - Bury St. Edmunds, Suffolk

£12.50 to £15.00 per hour

Personal Assistants/Companions required in Bury St Edmunds Weekend shifts Between Friday 8pm & Monday 7am Hourly rate: Day shifts - £12.50 & Night shifts - £15.00.

**Female Carer**

The Rowan Organisation - Brandon, Suffolk

£12.50 per hour

Job Description Job Reference: JH/MD/SFFC Job Title: Female Personal Assistant / Support Worker Responsible to: Directly accountable to and taking direction from the employer and the employer’s representative (Mum & Dad) Hours: Part Time Positions available.

**Support Worker**

The Rowan Organisation - Bury St. Edmunds, Suffolk

£12.25 per hour

Job Description Job Reference: JH-CF-SFCC Job Title: Support Worker Responsible to: Directly accountable to and taking direction from the employer (Mum & Dad) Hours: 4 hours per week Hourly Rate of Pay: £12.50 Based at: Employer’s own home, Bury St Edmunds.

**Sales Executive**

CPM United Kingdom Limited - Cambridge, Cambridgeshire, CB1 3HP

£15,020.72 to £16,176.72 per year

Looking for a rewarding part-time role with flexible weekday hours? Join CPM as a part-time Sales Executive, representing well-loved Mars Wrigley brands in the Convenience channel.



Thursday, June 5 · 7:30 - 9:30pm

The Rising Sun

98 Risbygate Street Bury St Edmunds IP33 3AA

We have a wide range of businesspeople that attend. From start-ups to those with 30 years’ experience - across a wide range of industries.

<https://pubnetworking.co.uk/>



[Timetable Recovery College | Norfolk and Suffolk NHS](https://www.nsft.nhs.uk/timetable)

The NSFT Recovery College provides free educational workshops and courses for anyone over the age of 16 in Norfolk and Suffolk. Courses are designed to support people to invest in their own wellbeing, find empowerment on their mental health journey and become experts in their own recovery.

All the courses cover a variety of topics and follow a personal recovery approach which encourages:

* Self-knowledge and acceptance • An understanding of the principles of recovery
* Learning and applying new skills and strategies • Leading a meaningful life with or without symptoms

The aim is to empower people to take control of their own lives and become experts in their own recovery - people choose their own courses to attend.

Recovery College is a safe space to learn among other people who have experienced mental health challenges, supporters and members of staff.

The Recovery College is not a replacement for clinical support, it works alongside it, as you choose your own courses and work at a pace that suits you.

**The courses have been categorised to help guide students:**

• **Begin**– to understand yourself

• **Build**– a toolkit of self-help skills

• **Understand**– aspects of the challenges you may be facing

• **Grow**– a plan for your future

All the courses are centred on the principles of **CHIME**- Connection, Hope, Identity, Meaning and Empowerment.



[Get Everyday Activ in Suffolk | Motivating, supporting and inspiring healthier lifestyles](https://activlives.org.uk/)

**ActivHubs**

ActivHubs was set up to provide a fun and social way for people to keep fit and healthy, improve strength, balance and  
co-ordination, reduce stress and while doing all of that, make some new friends in the process!

**ActivGardens**

**ActivGardens** are all about growing! Growing plants. Growing fresh healthy food. Growing yourself… your fitness, your health, your skills, your friends, your community. Get active with ActivGardens in Ipswich and Sudbury!

**ActivSport**

A community based sports and physical activity programme for adults. Particularly targeted at people who are not already taking part in regular sport or physical activity. New participants are always welcome!

**ActivSingers**

ActivSingers meet in Ipswich and Woodbridge every couple of weeks to enjoy all of the benefits from the joy of singing. Everyone is welcome to join in with no previous experience of singing required.



[Be Well Bus timetable announced for Ipswich and east Suffolk - NHS Suffolk and North East Essex ICB](https://suffolkandnortheastessex.icb.nhs.uk/news/be-well-bus-timetable/)

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| Felixstowe 10am to 2.30pm | For 15/01/25 – Outside Prezzo, 131-133 Hamilton Road,  Felixstowe, IP11 7BN | 16/07/2025 Wed |
| Woodbridge 10am to 2.30pm | 2 Cumberland Street, Woodbridge, IP12 4AB | 17/07/2025 Thu |
| Debenham 10am to 2.30pm | Along the High Steet, Debenham, IP14 6QN | 22/07/2025 Tues |
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| Leiston 10am to 2.30pm | East of England Co-Op Car Park, Sizewell Road, Leiston, IP16 4AE | 29/07/2025 Tue |
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| Hadleigh 10am to 2.30pm | At the rear of Coop, Magdalen Road, Hadleigh, Suffolk, IP7 5EF | 04/06/2025 Wed – Maternity and Women’s Health |
| Wickham Market 10am to 2.30pm | 60 High St, Wickham Market, IP13 0QU | 12/06/2025 Thu |
| Framlingham 10am to 2.30pm | 11 Market Hill, Framlingham, IP13 9AN | 17/06/2025 Tue |
| Stowmarket 10am to 2.30pm | 7 Market Place, Stowmarket, IP14 1DY | 08/07/2025 Tue |
| Needham Market 10am to 2.30pm | Address TBC due to various locations | 09/07/2025 Wed |
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| Ipswich, Bucklesham Coffee Morning 9.30am to 12.30pm | Bucklesham and Foxhall Village Hall 12 Levington Lane Bucklesham, Ipswich, IP10 0DZ | 14/06/2025 Sat |
| Henham Park, Suffolk – Latitude Festival (currently not available for service booking) | A145, Henham Park, Beccles, NR34 8AW Suffolk | 24/07/2025 Thu 25/07/2025 Fri 26/07/2025 Sat 27/07/2025 Sun |
| Aldeburgh Carnival | Aldeburgh, Suffolk | 16/08/2025 Sat 17/08/2025 Sun 18/08/2025 Mon |

For further information about the Be Well Bus please contact : [bewell.bus@snee.nhs.uk](mailto:bewell.bus@snee.nhs.uk%20)or 07971 594 817