



Department for Education



WORK SKILLS

HOUSEKEEPING AND CLEANING SKILLS FOR WORK

COURSE SUMMARY:

This one day (7 hour) workshop provides learners with an essential understanding of housekeeping roles within workplace settings. You will explore the importance of effective housekeeping, discover the wide range of jobs available in this sector, and develop the confidence and skills needed to apply for employment. The course includes a mix of classroom activities and discussions.

ENTRY REQUIREMENTS:

- No prior requirements needed apart from a willingness to join in group discussion and activities



AWARD:
Unaccredited

WHAT WILL YOU DO ON THIS COURSE?

- ✓ **Look at** the different types of housekeeping jobs, including cleaning and laundry roles
- ✓ **Learn about** basic safety, hygiene, and emergency procedures
- ✓ **Think about** your own transferable skills and how they fit into housekeeping work
- ✓ **Take part** in simple activities designed to boost your confidence
- ✓ **Try out** practical and group activities that help build your understanding of the sector
- ✓ **Have a** chance to practise your interview skills so you feel more prepared when applying for jobs

PROGRESSION FROM THIS COURSE:

- After completing this course, you'll be able to move on to a **Level 2 Health and Safety at Work** course. This is a one day accredited course that builds on what you've already learned and helps support your next steps into work or further training in the housekeeping or facilities sector.



**REALISE
FUTURE-S**

Enhancing people's lives

THE GATEWAY TO LEARNING IN YOUR COMMUNITY